

Thesis on Using Reincarnation to Change History

by Beth Barnett

The Da Vinci Code” by Dan Brown is all the rage. But who was Mary Magdalene? Whence was she? It is affirmed that she was married to Jesus. But who was the real ‘Jesus’, and whence was he? And how is it that I presume to KNOW?

There is a difference between ‘knowing’ and ‘knowledge’; ‘knowledge’ comes from “thinking about” {using the Left Brain}, and ‘knowing’ comes from experiencing through the Right Brain - which simply IS. When I say I “KNOW”, it is the “ISNESS” to which I am referring.

Einstein put it this way:

“The most beautiful and the most profound emotion we can experience is the sensation of the mystical. It is the sower of all true science. He to whom this emotion is a stranger, who can no longer wonder and stand rapt in awe, is as good as dead. To know that what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty which our dull faculties can comprehend only in their most primate forms - this knowledge, this feeling is at the centre of true religiousness.

“The cosmic religious experience is the strongest and noblest mainspring of scientific research.” Albert Einstein

Einstein did ‘KNOW’ but he referred to his ‘knowing’ as ‘knowledge’ because he did not appreciate the subtleties of the English language which is not his mother-tongue. Let me elaborate: ‘Knowledge’ derives from ‘thinking about’ - using the left brain; ‘KNOWING’ comes from ‘experiencing’ through the Right Brain. This Right Brain experience simply ‘IS’ - the FEELING in the experience is so strong, it cannot be gainsaid; it cannot be added to, nor subtracted from - it simply IS.

At some level we all understand that we have two ‘minds’ - two distinct mechanisms - hence the expressions: “I am in two minds”; “Everything appears to be alright, but I feel that something is wrong”. Co-operation between the Right and Left hemispheres of our brains is vital for creativity, as Rudyard Kipling knew; he wrote:

“I would go without shirt or shoe.

Friend, tobacco, or bread,

Sooner than lose for a moment the two

Separate sides of my head.

I have decided that it is time for me to share my 'insights' which deal with the biblical characters whose reincarnational lives impinged on mine. I am in my eighties - if not now, when? It is also part of my 'process'; by writing about my insights my left and right brains must cooperate - voila! Balance is achieved.

The reincarnational lives of all the characters in this thesis were made known to me - off and on - over approximately fifty years, going back to the late 1960's. They were not shown neatly in order but as a guide through my own process; anything that happens in previous lives has a bearing on the actions and reactions in subsequent lives. As each 'behaviour pattern' or 'habit' came up I was taken into the previous lifetime where the pattern first manifested, and into all the subsequent lives during which the same behaviour appeared. In order to release the energy in each pattern, I **TOTALLY** experienced it and then was able to 'let it go'. This is an intricate process and must not be rushed. But it is not necessary for the reader to go through the tortuous labyrinths and alleyways of my 'process' so I will simplify the story by telling it chronologically as much as possible.

But how did I arrive at the ability to get such knowledge and **KNOW** that it IS.

Let me start at the beginning of my soul's journey in this lifetime:

“The Inner Journey”

It was a lovely English summer’s day. I was sitting in the garden enjoying the beauty - allowing the peace to seep into my soul. The children were playing happily - the housework didn’t seem so daunting. A very tall tree held my attention - it’s branches, spread out against the sky, were shivering and glinting in the sun for all the world like a peacock courting it’s mate.

My reverie was disturbed by the gentle, persuasive voice of my sister, Dawn, who was on a visit from America, “Beth, I wish you would join the Gurdjieff group.”

“I’m not interested. I want to simply enjoy this peace and tranquility; I have just managed to get my head above water and I don’t want to drown again by taking on extra.”

“But it will teach you to cope better”

“I don’t want to know”

This conversation had been going on intermittently over two years. Dawn knew that my tranquility was only temporary; I had come through a bad storm and had managed to turn my boat the right way up, but it had no rudder and no oars. She knew that as soon as the sea became rough again I would be helpless. But all I wanted to do was to soak up the sun, enjoying this - albeit temporary - respite from my inner and outer turmoil. I remembered vividly the day I nearly threw my baby son out of the window. Robert was a colicky baby. He cried almost continuously. I was completely exhausted mentally, physically, and emotionally. One day, the screaming seemed higher-pitched and more persistent than ever. Something snapped in me - I shook him and shook him, unaware of what I was doing. Suddenly - inexplicably - the baby laughed! The tension broke! I came to my senses¹. So, now, when I hear of some poor, desperate woman who murders her child, I say to myself: “There, but for the grace of God,” After four months of this I was advised to wean the baby and put him on solids. It worked!

Dawn was in England for only 3 weeks. I loved her dearly, but the thought of taking on one more thing in my life was daunting. I was blessed with a gentle husband who accepted me as I was. I had two very reasonable and sensible children, and yet, most of the time I seemed to be in a black pit of depression without a chink of light at the top. I knew the fault was in me - I couldn’t blame my environment. I did not like ‘me’ and had made a secret decision to opt out as soon as no one was dependent on me any longer. To this end I spirited away several tranquillisers from each month’s supply prescribed for my husband, who had epilepsy. This was a decision made when I had come through the worst; I did not intend to continue to be a pawn in some game the gods chose to play - they would have to do without me.

¹ Tuesday 27 September 2016: I was mistaken in thinking that Robert was a colicky baby. In fact the opposite is true. He is a very advanced soul—he cried in order to keep me functioning (a baby has no other option if he wants to keep the mother awake). Now I know why he laughed when I was about to throw him out of the window—he realised he had gone too far.

In previous lives Robert had been “Robert the Bruce, king of Scotland”, and also “Ishmael”, 4000 years ago, when he adored Sarah, and she loved him dearly—I was Sarah in that life.

On looking back I realise that it was my husband's epilepsy that saved me. The children, David and Robert, were 4 and 5 years old. I remember vividly one morning at breakfast, I was screaming at them for something quite trivial - the smallest thing triggered me in those days - when Jack keeled over on to Robert. It was very frightening. I HAD TO GET MYSELF TOGETHER. Deep in the pit of my stomach I knew I was responsible. I knew I must change the way I was or the whole family would go under; they meant more to me than life itself - quite literally. Something clicked in me. From that moment on I submerged my critical irritability and kept affirming "I must be strong", "I must be strong". At first we stopped having friends round and seldom went out. I concentrated all my energies on Jack and the children and, although I still didn't cope very well with the cooking and housework, there was a lot of love and caring in our home. David and Robert were very bright boys; it gave me great joy to encourage their creativity. In this climate our souls started to heal, but it was tenuous; one or two late nights, or even going out so that the housework piled up, and I was off again! So, when Dawn suggested I join a group it seemed too big an undertaking.

Then, one night towards the end of her stay, I had a dream: I was at a party. A dead body lay on the floor, looking peacefully asleep. Judy, a cousin of mine, said, "That's Beth-Carmel". I replied, without emotion, "Yes - I can bring her to life any time I like." Judy said, "then do it", I said, "O.K.". As soon as I said that, a terrible fear gripped my heart and I cried out to the corpse, "No, No, No, you stay dead, I don't want you to come alive." Then I saw, rising out from the body, an oval shape with little tongues of flame surrounding it. It kept rising up and I woke up, but the oval flames didn't disappear. With my eyes wide open I saw the tongues of flame slowly rising above the wardrobe. I was terrified, riveted. I groped for the bedside light switch without moving my eyes. As soon as the light came on, the image disappeared. But I was left with a clear message - I could stay comfortably 'dead' but then I would lose my soul. I did not know then that what I had seen was the symbol for the soul in some traditions.

Jack was away from home on business; it was the middle of the night so I felt I couldn't phone my sister, Dawn, who was staying with my parents, so I took out the book Dawn had given me two years before. I started to read 'A study of Gurdjieff's Teaching' by Kenneth Walker. I was fascinated! amazed! he was describing the way I was! But, more importantly, I discovered that there was something I could do about it. I was not required to believe in God. Gurdjieff said: "Don't accept anything, not even what I tell you - discover for yourself through AWARENESS. This satisfied my innate need for freedom of thought. My sister, Rahilla, also, had been trying to interest me in Yoga, but the books she sent me (she, too, lives in the USA) talked about 'The Divine', and, at that time, God and I did not have a working relationship. I could see that the world was in a mess - all the decent people were clobbered and all the mean ones got away with it! If God was responsible, then He was not making a very good job of things. I was not interested.

In the morning I phoned Dawn. She took me to see Mrs. Nott (before coming to London Dawn had asked Mr. Nyland, her teacher in America, for the name of someone in London in the hope of persuading me to start working on myself). Mrs. Nott recommended me to Dr. Juer who was running a Gurdjieff group in Hampstead. I arranged to see Dr. Juer. He sent me away and told me to read 'All and Everything' by Gurdjieff, and then come back if I was still interested. 'All and Everything' is the most infuriating book I have ever read; it is all but incomprehensible. Gurdjieff seemed to be tearing down everything in sight without replacing it with anything. I waded through one-third of the book and then went to see Dr. Juer and told him how it had affected me. To my

surprise, Dr. Juer smiled - apparently, Gurdjieff deliberately courted that reaction, possibly to discourage dilettantes.

I started with the group the next week; it became the focal point of my life. The emphasis was on the fact that we were all 'asleep' most of the time and must wake up to ourselves - we were totally 'scattered' and needed to find that part in each of us that was permanent - strong - in charge. The way to achieve this was through 'Awareness' - waking up in the moment, catching ourselves in an emotion - experiencing it. This is not to be confused with introspection which thinks about, and continually analyses (I was already quite adept at this - it takes one on a not-so-merry-go-round, churning forever). I learned to become aware of my body - the way I stood, the way I walked, how the inner reflected in the outer. I remembered an incident that had occurred during the period of deep depression. I was out shopping. I caught a glimpse of the reflection of an old woman in a shop window; she looked very drab, hunched over - keeping going seemed an effort. Suddenly I realised it was me; I was 29 years old. I also discovered that if I made a conscious effort to change the 'outer', then the 'inner' could change. If I made the effort to smile with my eyes when feeling sad, the mood could change.

We were given an exercise to do every morning called 'Preparation' to help us get to that quiet place inside - the core of our Being. It entailed going all round the body, starting with the head, putting attention on each part. We were required to do this for 15 minutes but I found it impossible to do - something else always seemed to call my attention. I persisted. The few times that I managed to stay with it, something changed inside me - I felt a peace, a calm. I came to understand that 'Preparation' was central to the whole teaching; unless I managed to contact the core of my Being for even a little while, I wouldn't make much headway. It was an agonizing struggle against my inertia. One day I was walking home after a group meeting. I was determined to do better. I kept repeating, "I must do it; I can do it". Suddenly I 'woke-up' to my body - my jaw set; my teeth and my fists clenched; my shoulders hunched up to my ears - a state of extreme tension. But 'Preparation' called for relaxation. I dropped my shoulders and consciously relaxed the other parts of my body.

The change was dramatic. The frenzy was replaced by a quiet determination ; I would simply start again, without anxiety or expectations. I have often found in my 'searchings' that when I come to a deep understanding of something 'real', I am shown that others, too, have discovered the same 'truth'. So it was this time. I went to the Swiss Cottage Library; I don't now recall what book I was looking for but I went to the shelf on which I expected to find it. Quite involuntarily my hand reached for a book. I opened it and these words leapt out at me: "..... keep away from all striving, and maintain a steady confidence of mind." I turned to the cover; the book was called "Towards Peace in Mind and Health in Body" by O. J. Kenward. I forgot all about the book I had come for and took this one out instead. Incidentally, this book should not have been on the shelf where I found it - very interesting, very interesting, indeed!

Little by little I gained ground. I was able to stay with myself for longer and longer during 'Preparation'; I was able to experience the energy moving wherever my attention came to rest in my body; occasionally, I was able to dip into the quiet pool within and listen to the 'Still, Small, Voice'. Attending the Gurdjieff group once a week had become my #1 priority. Whereas I had previously used 'feeling under the weather' as an excuse not to attend social functions, now I went to the meeting even when I felt quite ill. But I experienced - over and over again - that

DETERMINATION to change had the opposite effect. One evening I was cooking supper. I informed Jack and the boys that I had to leave for the meeting at 6:45pm and I wanted them at the table by 6pm. At 5:55 I reminded them to come and that I would not call them again. But they were engrossed in something and I knew they would not come on time. I could feel the build-up of tension in my whole body. I said to myself with outward calm, "Beth, you know they will not be here on time; you will not get angry; you will just go and say quietly, 'supper is ready'" I thought I was doing fine. I walked slowly and calmly down the corridor to the Drawing Room. I opened the door calmly and then B L E W

I began to recognise the chemical changes in the body while in an emotion, and that once it had built up you had no choice except to 'blow' off steam or to suppress it, which caused more trouble. Gradually, I began to recognise the changes earlier and earlier until the first tell-tale signs were discernible. It was at this early stage that I could decide which way to go; I could either allow the build-up or I could abort it with no side-effects - I WAS IN CHARGE at least when I was consciously using Awareness. I learnt that both the 'expression' and the 'suppression' of an emotion took energy, BUT the total 'experiencing' of all the feelings involved released the energy held there, making it available for use in other directions. As I learnt to do this, I became more and more effective in daily life. We were warned not to 'try' to change - not to judge what was 'good' or what was 'bad'. Just placing 'attention' on any aspect - without judgement - was the way to work. For instance, 'stubbornness' is often considered a fault, yet it could be very useful if one is up against an enemy who is trying to brainwash one! Gurdjieff advised us to use our 'devils' (those aspects of ourselves that we considered not very 'nice') as these helped us to 'wake up' - which is 'good'. So, whatever gives us energy is 'good'; whatever takes our energy is 'bad'. You could turn a 'bad' trait into 'good' by waking up to it, then 'experiencing' it and 'letting it go'.

I was going from strength to strength. My migraine headaches, which had been very frequent due to the continual stress, all but disappeared. The pain and stiffness in my neck and shoulders vanished (it had been very painful for me even to lift my arms to comb my hair). Even my eyesight started improving. In this inner space it became possible to act out the prayer: "God grant me the courage to change what I can; to accept what I can't; and the wisdom to know the difference." But 'God' was not part of the equation, or so I thought. I definitely handled the children a lot better. The yelling at them for trivial matters stopped completely. However, I was still arbitrating in their quarrels. I decided to deal with this. One day, returning from a group meeting, I found my two bright boys glaring at each other; they were standing in a narrow corridor facing each other and there wasn't quite enough room for me to pass. I just stood there quietly. Robert, who had been losing the argument, couldn't stand this; he shouted at me "Mummy, say something, say something!" I laughed and said I had decided they were now old enough to settle their own quarrels. Previously, when I had arbitrated, David usually decided to be the 'sensible big brother' so, more often than not, Robert got his way. This had not been good for either of them.

'Preparation' was still a bit of a chore even though I managed to stay with myself for longer and longer. When I did find something, I wanted to continue in the beautiful space of inner peace forever and ever. This was not recommended as the object of the exercise was to make us more effective in the world, not to escape from it. We were advised to go back - to connect - momentarily in moments of turmoil during the day in order to draw strength from the place of inner calm, and to bring that calm to bear on the situation. But one experience I had at that time can

never be taken from me; it has sustained me through the thick jungles and deep, dark waters of my Soul's journey. There really are no words to adequately describe this incredible experience, but I must try for the sake of others who might be struggling to reach the LIGHT. One morning, during 'preparation' suddenly everything stopped - time stood still. I was enveloped - totally surrounded by - what I can only describe as L O V E. I knew with a certainty that I was Loved - totally, unconditionally, just as I was. I felt this LOVE wash over me and through me and I knew that it was all around - EVERYWHERE. I can't tell how long I stayed in this space - a few seconds - a few minutes - a lifetime. All I know is that when I came out of it my whole life had changed. I had found GOD.

I was definitely much stronger, more 'together', but there came a time when I wanted more - something was lacking. The group meetings were very serious; I began to crave 'lightness', 'joy'. My sister Lahilla came to London on a visit. She had been practising and teaching Yoga for some time and was quite advanced. I was impressed; she had a quality about her - an authority from within. Whereas, previously, I had not wanted to hear what she was telling me, now I was ready to listen; I hung on every word. Once, we stayed up all night - talking - and in the morning I had more energy than when we started. I was very excited. I took this experience to the Gurdjieff group but they dismissed it. You see, Gurdjieff had said "talking takes energy" and, indeed, I had found this to be true. But I knew that what I had experienced was 'real'. I told Dr. Juer that I wanted to start practising Yoga. He said I couldn't do both at the same time - it was their policy not to mix different disciplines - I had to choose. So, with great reluctance and sadness I left the Gurdjieff group after having been with them for 4 years.

About this time I went to America for a 'Sister Week'. Every few years the five of us would meet in one of our homes to simply catch up with each other; we were all scattered across two continents so couldn't share our daily lives. This particular 'Sister Week' was to be held in Lilla-Lai's home; she lived in a caravan in the mountains in New York State. It was a beautiful setting with a broad stream running near by, reminiscent of the 'jhoras' in the Himalayan Mountains where I went to school. As I mentioned before, Lahilla was a Yoga teacher, so every day she lined us all up and made us work. A special regime began; this involved Yoga exercises and meditation together with practical lessons in nutrition. I was in my element. I found that after - indeed during - the Yoga exercises, meditation became very easy. Between each set of exercises Lilla taught us how to take three 'complete breaths'. This entailed breathing into the area below the naval which she called the 'kath' or 'hara', drawing the breath up into the lungs, and holding the breath in the lungs for a while before exhaling through the part of the body that had just been exercised. The 'complete breath' is a powerful refresher, so we were more than ready for the next set of exercises. At the end of the series of exercises and 'complete breaths', Lilla made us do what was called a 'dead-body' pose. This was very similar to 'preparation' but much much easier, particularly as we were already so relaxed in every joint. If I hadn't already been adept at 'sensing' my body, Lilla's method would have made it much easier for me to learn how to do it.

Nutrition was a very important part of Lilla's regime. She was a vegetarian, so we ate only vegetables - I can't remember what else. One day we all went on a trip and the naughty ones among us decided to order a meat dish at a restaurant. I was quite surprised at the reaction in my body - remember, I had become adept at 'sensing' the changes. Well, when the meat entered my stomach, the juices surrounded it and enveloped it like an enormous tongue as if they had been starved. I recognised then, that I was an omnivore and not a vegetarian. I had been interested in

nutrition ever since I went on a diet called 'Common Sense Slimming'. When I weaned Robert I was so fat that I couldn't get into any decent clothes. It was a case of getting a whole new wardrobe or slimming down. I chose slimming, and my neighbour, Clare Sanderson, loaned me her copy of 'Common Sense Slimming'.

'Nutrition' became a hobby; I read avidly everything I could lay my hands on. This knowledge stood me in very good stead when Jack developed diabetes. Then, about a year after the diabetes started, his epilepsy (which had been more or less under control with drugs) went hay-wire. He was having as many as 5 fits in one day; when he was rushed to the hospital his blood sugar would be right down. The Maida Vale hospital for Nervous diseases tried innumerable different drugs and combinations of drugs but nothing helped. We were desperate. In the meantime I was searching through my books on Nutrition and there it was - the solution. The brain needs magnesium and diabetics lose magnesium. I went to our doctor and asked him to prescribe magnesium for Jack. He was furious, "..... For seven years I study to become a doctor and you think you know better....." But Dr. Levy was a very honourable man; all the time he was grumbling he was looking up his books. He prescribed Epsom Salts - it could do no harm. No Harm! It was like magic! The multiple fits ceased immediately.

To get back to the 'Process', 'The Inner Journey'. Lilla started me on a whole new adventure. For the next six years I was in the privileged position of being able to spend two hours each day doing yoga exercises and meditation - whenever possible, in the garden. I became pretty good at both. One meditation in particular was very powerful. I would expand my consciousness, reaching out from my own 'Centre', through the immediate surroundings, through the city, through the country, through the earth, the solar system, the Milky Way, passing other galaxies, out and out in all directions through the Universe. Then I would reverse the process, gathering all the Love and Light from the Universe, bringing it all back into me - from above and below - until I was filled with this Energy. Then, and only then, I would send it out - first to those I loved, each one in turn, then to each person with whom I was not on good terms.

There came a time when I was hard put to find anyone I disliked - at least, consciously. So, one day I asked that this special Love and Light be sent to anyone with whom I had had an unresolved difference in the past. To my astonishment, I was shown my sister, Donnée, goading, taunting, teasing me. I was backing away; terror gripped me as a wide, dark amorphous wall advanced on me. I was shaken; I had completely expunged from my mind this aspect of my relationship with Donnée. She was now an archetypal loving 'Mother' figure! If I had been shown my sister, Mulca, who had always bullied me because I fought her domination (she was a queen and we were her subjects), I would not have been surprised. But, then, I had already been sending Mulca a lot of Light, calling to my mind her many good qualities, until I no longer felt hostile or threatened by her. But Donnée! If I had been shown a feeling of jealousy or envy, I might not have been surprised as Donnée was very clever and had jumped a class at school, so she was in the same class with me and she always came 1st. I guess my self-image at that time was so low, it seemed natural that she would beat me. But other memories came flooding back now - little ditties Donnée would make up to taunt me: "Betti-Cohet whose" And all I had managed to retort - with deep feeling down in my gut was "Leave me alone - Let me BE". This also became a chant with which Donnée taunted me. But the thought became paramount in my being - I just wanted to be left alone. Whenever I was on my own, a sort of inner Joy would spread through me; I craved solitude, just to be myself. This was not easy in a large family; we even had to share beds. My

very special Aunty Mercia must have recognised this need in me because she made available for my exclusive use a small room off the steps leading to her roof. I loved the time I spent by myself!

So the 'Process' was proceeding - the Process leading to Conceptual Healing. One evening, I was alone at home. I thought I'd have an early night. I needed to have a bath but I couldn't be bothered. On my way to bed I passed my son, David's, room; I noticed that his bed was stripped right down, evidently he had meant to change the sheets before going out. He was at a party and would not be home until quite late. I said to myself, "Oh dear, he'll be tired when he comes home, I'd better make his bed" and proceeded to do just that. Before I went to sleep I asked my inner self, "How is it I can always produce energy for others but not for myself (I couldn't be bothered even to take a bath)." In the morning I woke with these words: "You have always believed that other people are of greater worth than you". I was shown several poignant incidents in my life to illustrate this point, one when I asked that I be taken instead of another girl in school who had typhoid; many girls had already died. That night I had prayed: "She is strong and defends the weak ones; I am nothing, I will never amount to anything, take me instead of her". I had woken up in the middle of the night with terrible tummy cramps, one of the symptoms of typhoid. I was terrified and cried out, "I take it back, I take it back, I don't want to die!". I really was a 'NOTHING'. But my Inner Self thought differently, and said so in these words: "She was a 'nothing', yet she fought a queen. She was bruised and battered, even warped and crushed, but she rose out of the ashes like a Phoenix - She certainly is a 'SOMETHING'.I AM.

One day I was day-dreaming about the kind of tree my Being represented. I wanted it to be standing alone, in the middle of a large meadow. It would be strong and nurturing, perhaps like an oak with spreading branches giving plenty of shade, and children playing beneath. But suddenly, this daydream was swept away and in its place was a tall tree, like a poplar, but the tops of its branches reached into the heavens and were hidden in LIGHT. Across the centre of this tall tree was written, in letters of Light, these words: "IT IS ENOUGH THAT I AM". I knew then, with a certainty, that we were all God's children - Entitled to Be - and did not have to justify our existence, any more than the Lilies of the Field. This knowledge touched a chord in me. I had always tried to be a 'good girl', 'tidy' and 'helpful', 'sweet', 'kind', and, above all, 'reasonable' - always giving my parents reason to love me. But I never succeeded; until the day she died my mother treated me as the daughter who existed to serve her, that is all. My father was a naturally loving man, but his was a universal love - he loved everyone and everything. Flowers grew for him, birds flew to him, children came to him without reservation. He did show 'human love' for my mother and for his firstborn child - my sister Mulca - but not for me. But I adored him and would do anything for him, and, as a child, I drew nourishment from the love he radiated for all children.

I had always had a very strong need for 'freedom' - freedom of thought - freedom to be 'myself' without being harassed by siblings, freedom just to 'Be' - hence the cry from my soul, "Leave me alone, let me BE". Now that I was so much stronger, my sense of humour started to surface; One morning I woke up with the following profound observations: "I am a Tree, wallowing in 'Me'; I am a flower without any power. What is this thing called 'Free'? The 'My' and the 'Me' are not free; the 'good' and the 'Bad' are just sad; therefore, the 'Why' and the 'Wherefore' cannot stomach the cant. Give me a life that is 'Whole' - Free of the 'dross' and the 'dole'; Free to choose 'higher' or 'lower'; Free to be knocked and then socked; Free to be kicked and then picked as the candidate who can be licked into the shape of the Tree - who just wallows in 'ME'." My soul was

showing me what it meant to be 'Whole' - 'Complete' - The meaning of TRUE FREEDOM. This was only the beginning of the 'Wisdom Teaching'.

The Universal LIGHT is a very potent force. I was shown how to use it wisely; the thought with which I sent it out - to others and to myself - was all important. For instance, my sister Dawn's husband, Aaron, had cancer; he was on the critical list. One day, after my powerful meditation, I sent him the Light and Love, asking that he be healed. A great hand came down and blocked it. I was told that the entity had decided to leave and, by asking so powerfully that he be healed, I was creating conflict in him. So, I still sent him God's Love and Light but without any request - it was available for him to use any way he wanted. A similar thing happened when my eldest son, David, was taking the Cambridge entrance exam a year earlier than normal (the following year the change over from a grammar school into a comprehensive school would have been completed and pupils would not then be allowed to apply to the prestigious Universities, like Cambridge, as several 'required subjects' - latin for instance - would be dropped from the curriculum). David's teachers had given him a mock test and he had breezed through it. They wanted him to try, and as the proud mama of this brilliant son, I naturally wanted him to succeed. But, again, the great hand came down and stopped me from sending him LIGHT that was coupled with a request.

I came to understand that I could not know - from all points of view, and every consideration - what was 'good' or 'bad' in any situation. I called to mind the story of 'The Monkey's Paw' (by Edgar Allan Poe, I believe) which had made a deep impression on me when I was in school: The Monkey's Paw could grant three wishes to anyone who held it, but each wish was granted in such a way that the recipient wished it hadn't been granted. So, more often than not, the third wish was used to undo the other two wishes! I never again asked for anything specific for myself or for anyone else! Even wishing for suffering to be taken away is not wise, as we do not know what benefits may be derived from the suffering. When my father became senile in his late 80s I was wishing with all my heart that he wouldn't linger for a long time; I saw the helplessness in his eyes when he had to submit to being bathed by girls from the social services. He had always been a very modest man - this was agony for him. But I came to see that his very 'helplessness' was necessary to teach him to allow others to give to him. He had always 'given' to others but had never been able to accept graciously what others gave to him. I could see my mother expanding in warmth as my father became more and more dependent on her. So my mother also benefited. Who is to say what is 'good' and what is 'bad'.

My relationship with my Mother had always been difficult going right back to the womb experience. When I was sufficiently evolved I asked inside how I could best work to change this; I was 'told':- "Send love to the mother". So I proceeded to do this, especially when I was spiritually 'charged'. One day, when I was being massaged, I kept sending LOVE and LIGHT to my mother. At the end of the session the girl who had been massaging me left to wash her hands (this is customary, just in case one picks up something negative). A VOICE spoke to her; it said: "Why are you washing your hands? You have just been blest." She came back to tell me and to thank me for the BLESSING.

The daily food of Light and Love reflected in my body as any other nourishment would. One day a few of us were sitting around, chatting, when my sister, Mulca, made a slightly derogatory remark about me; it was not as blatantly nasty as it used to be, but it was still a put-down about the shining. Ronnie Jacob picked up on this and he said, "Beth has the 'Shekhina'." I could feel

Mulca's envy, and the fear of it that strongly manifested in me. I suddenly realised that I had always played down any achievement so as not to incur the envy of others. Now I understand why 'envy' has always affected me so deeply.

But I wanted to know more about the 'Shekhina'; I had never heard the term before. In Judaism, the 'Shekhina' is the 'Divine Presence'. GOD had become an integral part of my consciousness, but 'religion' had not yet taken hold. Now I had reason to become interested in the Jewish religion. I am Jewish. I felt strongly 'Jewish' in the Catholic Convent where I went to school for 13 years. My Mother told us that every Jew was an ambassador for the whole Jewish People - what each Jew did reflected on every Jew. So our conduct in the convent was exemplary - the nuns came to truly respect our parents. But, for me, 'Religion' was another matter!

The Right and Left Brains need to be balanced. In the Late 1970s I was 'told' by my inner voice that I needed to activate my Left Brain more as I was not sufficiently focused in physical reality. I needed to get back down to earth. So ... I stopped doing formal meditation; I took a job as a road-sweeper in London for several years; then I went to university and got a degree in History; A poem I wrote illustrates this stage of my 'process:

The Human Race is all I've got
It can show me what is what
I turn to it when I need to know
How to make the hungry juices flow

Insidious manipulation, deviousness too,
These are things that are plainly on view,
Yet, this 'World of Appearance' is taken as true;
But then apathy and cowardice permit them to brew.

.....

There is laughter and fun in the world of the ONE;
Dare I bring these through from the world of the few
The world of the many to inspire and renew?

Pure delight and joy draw envy and fear,
Fear of omnipotence, that seems clear;
The world of the many doesn't trust good cheer!!
Genuine caring is suspect too;
Dare I bring these through - dare I bring these through
The World of the many to inspire and renew?

NO - The World of the One is too far removed.
The world of the many is not to be eschewed.
Come what may, in the world today,
The laws of the many do have their sway.

The laws of the many are not so few,
It will take some time to learn them anew.
But one by one I will take them to my heart
Then, of the human race I will be a part.

Human Race, you put me on the spot
As you show me what is what,
When I turn your way I get in touch
With this and that and such and such.
And then again, when I'm in need
You possibly could my hunger feed.

Confrontation and conflict are "so very rude"
Just like exposing oneself in the nude,
But now it's all over - I FEEL GOOD!

I got a B.A. in History at the University of Texas at Austin when I was in my mid 60s.. Then I passed the GRE and got accepted into the Philosophy Department at UT where I planned to get my MA and then go on to get my PhD. However! the best laid plans..... At this time, the Oslo Accords were being mooted. I felt that if this 'Trojan Horse' terrorist gang was planted in the belly of the Beloved Land then soon there would be no Israel. So I dropped all my plans of getting my PhD and went to Israel in 1994. Israel - the Beloved Land of the Jews, promised to Abraham at the very beginning of our advent into History. Israel - with all its traumas.

It was in Israel that I met someone who truly needed help - the kind of help that I had given so many times when my Right Brain was intensely active. BUT my mystical door had been shut for nearly 20 years so I experienced some difficulty in accessing it again - the door creaked! But, as soon as it reopened a whole flood of messages - for everyone - came thick and fast, unbidden. I no longer needed to ask a question; information on reincarnational lives (with advice for those concerned) came flooding in. Sometimes it was overwhelming.

During the 1960s and 1970s friends would ask me to 'tune-in' to help them understand a problem. One woman asked me to find out why she felt so angry, right in her gut. This is what came: I was shown a young lad - not very tall, dark curly hair, hands on his hips, laughing his head off. He was standing on the banks of the Jordan river; he had just pushed his father into the river! His father was climbing out, dripping wet. He had a scowl on his face, but he was only pretending to be angry. I could FEEL the love flowing between these two - it was a very special relationship. I was 'told' that this was 'Jesus' with his father, Joseph. The angry woman who had asked for my help had been Joseph in that life. Now he was seething with anger because everyone believed that his wife, Mary, had been a virgin, which meant that this precious boy had not been his son.

I showed the present-day woman how to totally experience the anger so as to be able to let it go. As I mentioned, the total experiencing of all feelings involved releases the energy, making it available for use in other directions.

But why did people accept what 'came' to me? It is a valid question. I can only say that when one has been 'working' to shed the negativity and to bring in the LIGHT, it shows. Even when I had stopped formal meditation and was sweeping the streets, people would say with amazement: "You do it with so much love". For me, LOVE is the key; the 'God-experience' I was given so many years ago can never be taken from me.

But before that experience of Universal Love, God and I had not had a working relationship. I saw that the World was in a mess - so many decent people getting clobbered and mean ones were getting away with it! Oi, was I wrong! This is where re-incarnation comes in. The main purpose of re-incarnation is to learn from, as well as to pay for, the mistakes made in previous lives; we are given the option - when we are more evolved - of coming back and experiencing things differently. But, as I previously pointed out, it is important for the experience to be total in order to be able to let it go. For instance, if one is colour-prejudiced in a particular life, one can come back as a black person in another life to totally experience how it feels to be discriminated against.

As I pointed out, the main purpose of re-incarnation is to learn from, as well as to pay for, the mistakes made in previous lives, but it doesn't always work out. As I mentioned, in the 1970's I was often asked to 'tune-in' (through my Right Brain) to help friends understand the situations in which they found themselves. One time when I 'tuned in' I was shown a young boy on a beach; he was a cripple. A girl was making fun of him because he was a cripple - the scene was very vivid. I could feel his distress as she kept prodding him. In the next scene the 'boy' was about 40 years old and no longer a cripple, but he was seedy-looking - no spunk in him. I was 'told' that the entity had chosen to come in as a cripple in order to gain inner strength, but he couldn't stand the mockery so he chose to be normal physically; it was his choice - no blame attached - but it was a wasted life.

We have free will, so 'God' does not interfere unless we ask for help. Biblical Prophets constantly communed with God directly so were able to listen to 'The Still Small Voice'. I had always gone directly to God when I needed help - like a child goes to a parent. Then, one day, I was shown the importance of intermediaries - the teaching was graphic. I was shown a huge electric power source. This source of power served the whole city but wires were needed to connect it to all the houses. And the wires were connected to electric mains. And the electric mains had to be connected to sockets fixed on walls. But the sockets would be wasted unless we had an appliance with a plug that fitted the socket. Only then - with everything plugged in and connected would the electric current be able to start to do the job. And even then, the appliance had to be in good working order. Whew!!

So the next time I 'asked' for help I was sent an 'intermediary', guess who - Jesus! Over the course of time I 'saw' Jesus many, many times; he seemed to be assigned to me. All the stories about Jesus walking on water and changing water into wine at a party really did happen. Jesus was a 'funster' - he did all those things just for fun. He was not at all solemn and serious as portrayed in the gospels. But his original counterpart was---- MOSES! Moses never smiled; his concern

for his family as slaves while he lived in a palace was too much for him to bear; he had to do something about it. He killed an Egyptian who was maltreating a Hebrew slave - the rest is History. But his time spent as a shepherd enabled Moses to connect with God; even then, he never smiled! So when he re-incarnated as the very serious James - the Teacher of Righteousness in Qumran - his lighter side also needed expression. Jesus (the Brother of James) came in as the fun side of Moses.

So now I 'KNOW' a little about Jesus and Moses, but who was Mary Magdalene? Whence was she? I KNOW a great deal about this entity because all my biblical reincarnational lives - all that I have been shown - were connected with hers. But I was not shown them sequentially. The 'process' could be likened to a huge jigsaw puzzle with only a few selected pieces handed out at any time. But now the puzzle is almost complete. However, in order to fully understand Mary Magdalene it is wiser to start at the beginning of her entrance into 'Biblical' history several thousand years ago:

I had kept asking who the original Hagar was; why was she given to Abraham as a servant? But no answers came for a very very long time. Answers come to me only when it is time for me to deal with an issue. At one point I was shown Hagar as Miriam (the daughter of Yocheved bat Levy in Egypt during the slavery period). She was about 10 years old. She was full of LIGHT. I was shown (over time) that the person who had been the catalyst for re-opening my 'mystical door' had also been Hagar, as well as Leah (Jacob's wife), and Miriam, and Michal (King David's first wife and King Saul's daughter), and also Mary Magdalene, among others!! But to get back to the 10 year old Miriam. She was so full of LIGHT that I became alarmed as I had never seen so much LIGHT in anyone currently in the world of matter; I thought the present-day entity might have died! It was not until I was finally shown who Hagar had been that everything started to fall into place because this entity had acquired special 'powers' during her time in Egypt. 'LIGHT' is an energy; it can be used for good or ill - to help or to do harm. That is why I was shown how to use it wisely. But little Hagar had no such 'teaching' so she used her powers to CONTROL people and situations. This is a very dangerous game to play. But, let us go to the beginning of this entity's entry into Biblical history.

I was shown a small child - a very special little girl about 3 years old - running around Pharaoh's palace in Egypt. Nobody took any particular notice as she ran around; she was the daughter of a trusted servant so everyone knew her. Her name was Hagar. There was only one room that was absolutely forbidden to Hagar; she knew she would get into trouble if she went in there. For this very reason her curiosity was peaked; when the room was being cleaned she would find a way to sneak in and hide. But she had to escape before the room was locked again. This became her favourite pastime.

As she grew older she wanted to know more; why was this room so secret? When she was about six years old she determined to find out. She started watching from a safe distance. At a certain time every day, men in long robes would file into the room and lock the door behind them. Very little sound could be heard so the acoustics must have been very good. The child determined to find a way of getting into the room. I wasn't shown how she did it, but she managed to get in and hide behind a curtain. At first she didn't understand anything; but as the years went by she picked up a great deal and practised on her own. By the time she entered her teens she was adept at doing all the magic rituals connected with the worship of the Egyptian Sun God. She practised in secret

until she was as good as (she considered herself better than) any of the men in that room. It is no wonder, then, that this entity (as Miriam) was able to draw in so much LIGHT!

Then..... Hagar became ambitious; she wanted a following; why shouldn't women have their own groups?! That was her undoing. When the men found out and realised that her powers were very great they were at a loss what to do with her. They did not want anyone else to know - their prestige was at stake. They suggested to Pharaoh that Hagar be given to Abraham as a maidservant - a slave! Serves him right! After all, he brought God's curse on them by lying about Sara not being his wife, (Genesis 12:14-19) so it would serve him right if Hagar manipulated him - and she could!!! She was able to control the minds of others when it suited her.

But Hagar bided her time. She was seething with rage but she didn't show it. She was very discrete; she acted demure and docile. So much so that Sara respected and trusted her completely. She "gave her maid Hagar to Abraham as a wife - not as a concubine" (Gen. 16:1-3). So far, so good. But..... Hagar despised these Mesopotamians who were considered inferior to the Egyptians. She especially despised Sara for allowing herself to be 'used' by Abraham to ease his path - Sara was even willing to prostitute herself! Hagar held her anger under control until.... "...she conceived; and when she saw that she had conceived, she looked with contempt on her mistress" (Gen.: 16:4). Only then did Sara deal harshly with Hagar.

Sara epitomises the 'Jewish Syndrome'; the more 'decent' we are, the more the world censures us. After the '6-day War' the Palestinians never had it so good; Israel helped them take charge of their own schools, universities, local authorities &c., &c., and they were able to take jobs in Israel with no restrictions. When I went to live in Quarni Shomron in Samaria in 1996, a friend recommended an Arab man who was working with computers in her husband's office as I wanted to create a garden (all the rose bushes were bought at a 'Palestinian' garden centre). When I moved to Ginot Shomron this same man helped me with establishing another garden, even planting trees. Again all the plants were purchased at a 'Palestinian' garden centre. And this man's brother decorated the new apartment before I moved in. I considered these 'Palestinians' as my friends. The Egyptians and the Jordanians had had no respect for them - the Gazans had been virtual prisoners. With Israeli help, 'Palestinians' started to take pride in themselves.

This state of affairs did not suit the 'Powers that be'. The 'Palestinian Entity' had been artificially created and then deliberately offloaded on to Israel with a view to overwhelming her. When this did not happen an 'intafada' was staged in order to create a situation enabling Yossi Beilin to disregard the law of Israel by entering into negotiations with a known terrorist - Yasser Arrafat ! Abu Marzen and Yasser Arrafat had been trained as terrorists in Russia. Abu Marzen got his university degree in Russia - his dissertation was on 'Holocaust Denial'. Note Yossi Beilin's arrogance; he is a descendant of the original Lumanian sect (very few of them show themselves openly; they prefer to remain in the background, using humans as fronts) which decided that controlling humans was the best way to go. Unfortunately, their policies have caused more strife and more wars in their attempts to CONTROL and Manipulate every situation.

This 'Trojan Horse' syndrome created a situation which made a Prime Minister of Israel offer the 'Palestinians' virtually all the land captured in the 6-day war. But Yasser Arrafat turned down this extraordinary offer and started another 'intafada'; WHY? Because the 'Powers that be' (The New World Order) do not want 'Peace' until a 'New Middle East' can be established with 'them' behind

the scenes pulling the strings just as they do in the 'European Union'. Therefore Yossie Beilin instructed the stooge, Arrafat, to turn down Israel's extremely generous offer unless all Arabs, and their descendants, who left Israel in 1948 be allowed to return; this would, of course, mean the end of Israel as a 'Jewish' State. So they knew Israel would not agree. Voila! No 'Peace' - until it suits The New World Order which has no intention of allowing the Arabs to control Jerusalem. Jerusalem has been earmarked as an 'International City' with 'Them' in charge when their plan to rule the whole world takes effect. For all this to come about, Israel must first be brought to her knees; hence all the 'terrorism'. The following quotes are from letters I wrote in 1999 to family members living in England:

"You, and Jews like you, want to force Israel to be a tiny part of a Collective - The New Middle East, the N.M.E. Would you vote with the NME when (I do mean 'when' as everything they need has already been set in motion - the Rome Conference for instance) I say again WHEN they decide to force us into submission if we do not toe the Collective line. I don't question your sincerity - you think it would be the very best thing for us - the Arabs would then accept us! be our friends! Ask yourself, with all that we gave to Egypt - Land, Oil, self-respect, not to mention the enormous sacrifice of our boys killed in an action the Egyptians initiated - they would not countenance one tiny settlement of Jews remaining in Yamit in the Sinai. That is Friendship?! I do not want to hear your justification for Judenrein. And how many Jews are allowed to live in Jordan - Jordan is Judenrein. Now you want Us to give the Golan Heights to Syria! Oh, they will love us if we do! I understand Israelis, who have been under so much stress, feeling the need to grab at any hope that there might be peace. But you must know that this is indeed a 'piss' process - as Arrafat so aptly calls it.

"All the misinformation and disinformation and distortions that have been planted in schools and universities serve the purposes of the New World Order Conglomerate. You will say they do not exist; well, in a sense they don't. They could be likened to the AIDS virus which infiltrates our bodies and plants its DNA in our cells, altering them; then they take over the immune 'helpers' (the bureaucrats) and finally the 'host' is completely unable to defend itself. We, especially in Israel, must become aware of what is happening before we reach the point of no return.

"You claim that the Arabs are the descendants of Ishmael - more disinformation. Ishmael was Abraham's son but his mother was an Egyptian; his wife was an Egyptian; and they sojourned in the Wilderness of Paran in the Sinai - not in Arabia (Gen.: 21:21). Peoples that were forced to convert to Islam at the point of the sword eventually claimed to be Arabs, but this is clearly a false definition!

"This 'Peace Process' is Orwellian new-speak. The New World Order whips up hate and envy and terror all wrapped up in the word 'peace', much like the word 'democratic' used by fascist and communist dictatorships. Their favourite word is 'Liberal', which they have usurped, as they need the 'goodness' of true Liberals in order to spread a message with a humanitarian slant. Check your facts with honesty and integrity and pray that True Peace emerges and not this pseudo variety which you have embraced."

The New World Order continually turns truth on its head and establishes the reverse - tiny little Israel is being made out to be a threat to innumerable Arabs (just take a look at a map!) and the World professes to believe the lies! The Roman Catholics used the same tactics by claiming that the Jews killed Jesus whereas, the TRUTH is that Jesus was aspiring to be the Jewish Messiah in

order to drive the Romans out of Judea. George Orwell's term 'new-speak' aptly describes NWO tactics..

A painting I did in 1987 turned out to be prophetic. It depicted a dove in the heavens; it was shedding rays of blood. After getting a BA at an American University I was planning to go on to get a PhD. I had done the GRE and had enrolled in a Masters programme when the sham pretence and show of the Oslo Accords was foisted on Israel. I gave up all my ambitious plans as I felt there would be no Israel if I delayed going (I did not take into account the sheer doggedness and tenacity of my people - the Jews). After I went to Israel in 1994 I wrote a poem, (which is also turning out to be prophetic) connecting my painting to the sham of the Oslo Accords; I called my poem TRUE PEACE:

I am a dove from up above - the symbol of freedom, the symbol of Love.

I seek to soar high, I seek to dive low. I flow - free as the winds that blow.

But now I am caught in a process called "Peace"; I fear this cage has a very long lease.

I am tied up in conflict; I am tangled in hate - the shedding of innocent blood is my fate.

Ah me! To be free - once again, Free! Free to strive - free to BE; free to strive to be "ME".

Then we would see TRUE PEASE - naturally.

Hagar was like the 'Palestinians' are today in the 21st Century - the more Sara treated her with consideration and respect, the more Hagar despised her, With the Israelis in charge, the 'Palestinians' were much better off than they had been under the Jordanians and especially under the Egyptians, yet they vented their fury on Israel. And Sara had treated Hagar with respect and consideration, yet Hagar despised Sara. In lifetime after lifetime, the reincarnational link between Sara and Hagar and the Jewish People has unfolded. But now it is time for all aspects of both characters to deal with unfinished business and shed the 'garbage', To this end the 'Hagar' entity has decided to incarnate without her special psychic powers; I have been shown five different people in this lifetime who are aspects of this entity - four of them are still living.

So! to get back to the 'Hagar Saga'. Hagar ran away from Sara's wrath but found the desert no place for a pregnant woman so she returned and once again bided her time. Hagar was determined to be #1 and she certainly had the advantage after the birth of Ishmael. But that changed when the angels announced that Sara would have a son in her old age and that the Everlasting Covenant would be established through her son, Isaac, and not through Ishmael (Gen.: 17: 15-19). Once again Hagar was denied what she perceived as her right. Hagar bided her time; she was good at that. She had learnt how to be discrete and secretive from a very early age. The Art of Deception had been perfected by this entity.

Now let us go back to the beginning of the relationship between Sara and Abraham; I was shown a little girl - six years old - lying on the floor, throwing tantrums. Nobody could control her. Then her half brother, Abraham, who was approximately 16 years old at that time, decided he would have a go. He succeeded in taming little Sara! From that moment on she followed him everywhere - he was her adored big brother. Now, that was o.k. when she was 6 years old, but when she reached her teens it was inappropriate. But Sara would listen to no-one except Abraham so the grown-ups decided it would be best if he married her. At first it was not a sexual relationship so that it was not difficult for him to suggest, and for her to agree to posing as his sister (which indeed she truly was) rather than as his wife. I quote Gen. 12:10-16 "Now there was a famine in the land. So Abram went down to Egypt to sojourn there, for the famine was severe in the land. When he was about to

enter Egypt, he said to Sarai his wife, "I know that you are a woman beautiful to behold; and when the Egyptians see you, they will say, "This is his wife; then they will kill me, but they will let you live. Say you are my sister, that it may go well with me because of you, and that my life may be spared on your account." When Abram entered Egypt the Egyptians saw that the woman was very beautiful. And when the princes of Pharaoh saw her they praised her to Pharaoh. And the woman was taken into Pharaoh's house. And for her sake he dealt well with Abram; and he had sheep, oxen, he-asses, menservants, maidservants, she-asses, and camels." Sara was acting as a 'super-mum' - protecting her 'child' from harm at any cost! This became the norm until Isaac was born and Abraham had become a thoroughly spoilt brat.

Then things changed drastically. Sara absolutely adored this baby born to her in her old age. Inevitably Abraham started to get jealous. He had been spoilt by Sara throughout their relationship; she even prostituted herself to ease his path. Now Isaac was taking all her time and energy - after all, this was the child she had longed for all her life. This was Hagar's chance to whip up Abraham's feelings of jealousy and also to make Sara believe that Ishmael would inherit the Covenant along with Isaac. Hagar's machinations were so successful that Sara said to Abraham: Gen.:21:10 "cast out this slave woman with her son; for the son of this slave woman shall not be heir with my son Isaac."

The way the story is related in the bible does not make sense. For one thing Ishmael must have been at least 14 years old at that time. He was 13 when he was circumcised which took place before Isaac was conceived Gen.: 17:25. Add at least another year for Isaac to be conceived and weaned. So the lad could not have been put on Hagar's shoulder along with bread and a kin of water (Gen.:21:14). Nor is Gen.:21:15-16 credible. I quote: "When the water in the skin was gone, she cast the child under one of the bushes then she went and sat down over against him a good way off..... for she said "let me not look upon the death of the child". I suggest that this episode was 'doctored' by Hagar/Leah/Miriam/Michal along with quite a few other narratives in the bible (for instance, all those fancy clothes for the priests - in the desert, no less - is pure 'Egyptian', not at all what Moses advocated). The story that unfolded through my Right Brain is scary but believable:

I was shown a young lad (Ishmael) playing with baby Isaac who was sitting on the ground. Both were enjoying themselves. Sara sat a little way off; she was filled with love for Ishmael and she obviously adored her own son. It was only later that things changed when Hagar whipped things up. So I don't accept that it was Sara who sent Ishmael away as the Bible asserts; It suited Hagar to be sent away this time because she had a dastardly plan in mind which she could not execute under the watchful eyes of everyone in Abraham's household. She did, indeed, insist that Ishmael stay far from her because she wanted to invoke the secret practices she had learned in Egypt. Ishmael was afraid to disobey his mother so he did as he was told. Now we get to the really scary part:

After Hagar had prepared herself, she set in motion her diabolical plan in order to access the mind of Abraham powerfully, with the instruction that she would ALWAYS BE ABLE TO CONTROL HIM. This she has done in every lifetime that I have been shown. Her immediate objective was to build up in his mind so much jealousy of Isaac and resentment of Sarah that he would eventually do the terrible deed of sacrificing Isaac, then, she calculated, her own son would inherit the 'Covenant'. Abraham believed (or did he kid himself into believing) that the 'command' came

from God' (Gen.:22) "Take your son..... and go to the land of Moriah, and offer him there as a burnt offering....." Abraham acquiesced without a murmur! This was in complete contrast to the way he argued with the Angels of the Lord to save the people of Sodom and Gomorrah (Gen.: 18:22-33). Besides, Abraham truly believed in the One God who was against human sacrifice along with the other practises of false gods. Fortunately The Hebrew God stopped the dastardly act just in time (Gen.:22:10-12) "Then Abraham put forth his hand, and took the knife to slay his son. Then the angel of the Lord called to him from heaven and said. "Abraham, Abraham!..... do not lay your hand on the lad or do anything to him....." Note the urgent tone; that certainly rings true. But the rest of the narrative in the bible (up to GEN: 22:18) smacks of justification.

It gets worse. When Sara discovered what Abraham had done her anger flared - she screamed at him. Then - with ice-cold fury - Abraham uttered the curse Hagar had planted in his mind; "You are my slave; you have always been my slave. You, and your children, and your children's children will always be slaves." Then he turned his back on her and walked out. Sara was stunned; she could not speak; she could not think; she could not even feel. She sank lower and lower into the depths of despair. She was in a black pit of depression; she never came out of it - not in that lifetime. Everything diminished in her eyes, not least herself. But as for the God of Abraham!! - what sort of a God would do so terrible a thing to a child?! She lost all respect for such a 'God'. even though he was so powerful. Sara died at Kiriath-Arba (Hebron) in the land of Canaan, away from Abraham who dwelt at Beer-sheba (Gen. 22:19). Abraham tried to make up for what he had done by giving Sara a fancy burial! : (Gen.:23:2-4) " ... and Abraham went in to mourn for Sarah and to weep for her. And Abraham rose up from before his dead, and said to the Hittites. "I am a stranger and a sojourner among you; give me property among you for a burying place, that I may bury my dead out of my sight."". Abraham bought the cave of Machpelah in Hebron and buried Sara there.

Yet now the world wants the Jews to just hand this ancient and sacred land over to the Arabs!

To get back to the narrative, when Abraham recovered his true self he regretted uttering the curse. He did not understand that his 'Being' is very powerful so that only he can undo the curse. Even Moses could not reverse the 'Curse of Abraham' but he taught Sara's descendants how to become strong and even thrive, despite the curse. So. we Jews must suffer indignities and persecutions until Abraham is able to understand what he did and then POWERFULLY reverse the curse. I am working with one of the Abrahamic entities currently incarnate; I believe it is only a matter of time before he will be able to lift the curse. Then we shall see what we shall see - it will be a relief. In the end even Hagar will win because I know several people who are aspects of this entity and they have all decided to incarnate this time without their special psychic powers, in order to 'change the past'; this is the main objective of reincarnation.

But, as I keep pointing out, in order to rid oneself of a characteristic one must first acknowledge it and then experience it totally; only then can one truly let it go. SO, I will plough on with the Hagar Saga in the hope that one day all that I am disclosing will be of benefit to those entities who are evolved enough to be able to use the insights - and especially of benefit to the House of Israel.

Abraham reincarnated as Jacob, the son of Isaac. He came back almost immediately after he 'died' with two objectives in mind; he needed to get Isaac's blessing - he felt that somehow that would cleanse his soul of the dastardly act he had perpetrated on little Isaac. Now his obsession

with supplanting his brother Esau makes more sense. Abraham also vowed that he would never again use violence - verbal or physical - he would not chastise people even when they rated a reprimand (for instance, as Jacob, he would have been well within his rights to chastise Leban and Leah for cheating him out of making Rachel his first wife (after all he had worked for her for seven years). And then he allowed Leban to cheat him out of another seven years labour for Rachel!! Another aspect needs to be stressed. Abraham became terribly afraid of the 'human' connection so - as Jacob - he was determined to avoid humans (such as Hagar). He tried to solve the problem by falling in love with Rachel who was the feminine aspect of his own entity. But, again Hagar got into the act. Hagar re-incarnated as Leah. This time she was absolutely determined to be the first wife so, although Jacob worked for Laban for seven years to earn the right to marry Rachel, Leah supplanted Rachel on the wedding night. But Jacob never loved Leah despite the fact that she gave him many children. Two statements in Genesis 46:15 (these are the sons of Leah, whom she bore to Jacob...) and Genesis 19 (the sons of Rachel, Jacob's wife.....) are significant. It seems that Hagar never really wins despite all her machinations.

Furthermore, Rachel's firstborn son, Joseph, was his father's favourite child (I was 'told' that Joseph also, like Rachel, was an aspect of the Abraham entity). Furthermore, Joseph possessed Psychic powers; this really incensed Leah. But this time she decided to use different tactics. She started praising Joseph loudly when her own sons were present so that they became determined to get rid of him - the rest is history. Jacob didn't even investigate the 'disappearance' of his beloved Joseph! But, as the saying goes "man proposes, God disposes"; Isaac survived and prospered; Joseph survived and prospered; the God of Moses was more powerful than the gods of the Egyptians! Even after the Holocaust in the 20th century, the Jewish people not only survived, but thrived in the land that God had given to Abraham! But now it is time for the 'Curse of Abraham' to be lifted.

Leah kept reinforcing her own psychic powers, practising the secret rituals to the Egyptian sun god until she became more and more powerful, but she needed recognition - she needed to Shine - so that by the time she re-incarnated as Miriam, the Daughter of Yocheved bat-Levy, she truly was filled with LIGHT (remember the little 10 year old child so full of Light that I became worried that my friend in this life had died!). I had automatically assumed that 'goodness' shone in Miriam. I was left with that thought (left Brain) until much, much later when I was shown that Sara had re-incarnated as Yocheved bat Levy, the Mother of Miriam. Miriam is referred to as "Miriam the prophetess". It needs to be stressed that LIGHT is an Energy; it simply IS. Everything depends on how it is used.

When Sara reincarnated as Yocheved bat Levy she was still very fragile. This gave Miriam the excuse to take charge. That was the role Miriam chose in that lifetime. She kept her mother sedated on the pretext that Yocheved needed to rest. Yocheved adored children and Miriam was no exception. But Miriam did not have the ability to empathise - to 'feel' with another; she saw her chance to 'shine'. She took charge in a big way and at first it was a relief to the mother who could not cope. All went fairly smoothly until Aaron was born. Yocheved adored the child; this incensed Miriam who started to control her little brother; this was easy because Aaron was an aspect of Abraham and the psychic conditioning ("I will ALWAYS be able to control you") was still strong and remained strong in every lifetime until the present one in which all aspects of the Hagar entity have incarnated without their psychic powers. But Aaron was a push-over. He became a thoroughly spoilt brat; Yocheved called him her 'little devil' One scene I was shown

was Yocheved calling to her son (a young lad at the time). He turned his back and ran out the door! So I was not surprised when I was shown that it was Miriam who orchestrated everything that went on in that household. Miriam kept giving Yocheved tranquilizers so that she took to her bed more and more which enabled the daughter to take complete charge of the household. Everybody relied on Miriam and took her advice. That included her father who had been straying because his wife was 'out of it' most of the time. The Birth of Moses gives Miriam the chance to truly shine; the bible tells the story with high praise for Miriam.

But Pharaoh's daughter was a very special lady; she knew about Egyptian practises so she recognised what Miriam was doing to her mother. The princess did not actively interfere but she befriended Yocheved who was nursing the baby. This was a very precious time for Yocheved; she began to see herself clearly; she was gaining self-confidence. But when she stopped nursing Moses she also lost contact with Pharaoh's daughter. She was no match for Miriam. She knew she must escape before Miriam took her over again, so she committed suicide while she was still strong enough to make the decision to do so. Miriam still took charge, especially of young Aaron who was her adoring little brother who would do anything she asked of him. So I was not surprised when I was 'shown' that it was Miriam who orchestrated the Golden Calf episode, using Aaron as a front.

Miriam was furious when Aaron was chosen to be Moses' Aid. People continually make excuses that Women were always overlooked at that time. But I contend that assertion; the bible is full of examples showing that the opposite was true. I quote: Gen.: 21:12 God says to Abraham ".....Whatever Sara says to you, do as she tells you.....". But the story of Deborah is so special, it is worth quoting more fully: Judges 4:4-10 "Now Deborah, a prophetess, the wife of Lappidoth, was judging Israel at that time. She used to sit under the palm of Deborah between Ramah and Bethel in the hill country of Ephraim; and the people of Israel came up to her for judgement. She sent and summoned Barak the son of Abinoam from Kadesh in Naphtali, and said to him, "The Lord, the God of Israel, commands you, 'Go, gather your men at Mount Tabor. taking ten thousand from the tribe of Naphtali and the tribe of Zebulun. And I will draw out Sisera, the general of Jabin's army, to meet you by the river Kishon with his chariots and his troops, and I will give him into your hand.'" Barak said to her, "If you will go with me, I will go; but if you will not go with me, I will not go." And she said, "I will surely go with you; nevertheless, the road on which you are going will not lead to your glory, for the lord will sell Sisera into the hands of a woman. Then Deborah arose, and went with Barak to Kadesh. And Barak summoned Zebulun and Naphtali to Kadesh and ten thousand men went up at his heels; and Deborah went up with him. There is more to this story but I will desist, except to mention that it was another woman - Jael, - who actually killed Sisera. And what about Judith who took on a whole army (she used female tactics and won). Go look it all up! I've made my point!

To get back to Miriam. It is my contention that Miriam was overlooked because the God of Israel could see the way she operated controlling Aaron, why else did she alone become leprous when both Miriam and Aaron spoke against Moses (Numbers 12:1-15). I feel sure that the God of Israel also knew that it was Miriam who orchestrated the Golden Calf episode using Aaron as a front. I used to wonder why Aaron was not dealt with more severely after such a heinous sin. So much makes more sense now that I have been shown how things really happened. There was also the Korah rebellion - Moses recognised 'potential' but, unless he nurtured the wounded spirit of the Children of Israel, this 'potential' would not be realised; Korah expected immediate results. I was

not shown specifically that Miriam encouraged it behind the scenes but I would not be surprised if this were the case because I was 'told' that Korah, too, was an aspect of the Abraham Entity, so Hagar's curse "I shall ALWAYS be able to control you" could have been in force. Again and again Hagar/Miriam tried to thwart Moses not only by criticising him but by injecting grandiose Egyptian practices and rituals and fancy garments for priests. This contradicted the simplicity of the instructions given directly by Moses. Much that is written down before the Golden Calf fiasco seems inappropriate and/or out of place. But even after that, Miriam's input is evident in page after page - the 'Hagar entity does not give up so easily! To sum up, she wanted gold and fancy garments while Moses ordered linen garments.

So it is not surprising that Hagar as Michal (Saul's daughter who was married to King David) despised David because he wore just a simple robe of fine linen instead of the fancy garments she preferred. The bible mentions this more than once; let me quote from Chronicles 15:11-29 "So David and the elders of Israel and the commanders of thousands went to bring up the ark of the covenant of the Lord..... with rejoicing.....David was clothed with a robe of fine linen, as also were all the Levites.....and David wore a linen ephod.....And as the Arc of the covenant of the Lord came to the city of David, Michal, the daughter of Saul, looked out of the window and saw King David dancing and making merry; and she despised him in her heart". Samuel the prophet continues the story: Sam:20-23 "And David returned to bless his household. But Michal the daughter of Saul came out to meet David and said, "how the King of Israel honoured himself today before the eyes of his servants' maids, as one of the vulgar fellows shamelessly uncovers himself!" And David said to Michal, "It was before the Lord, who chose me above your father, and above all his house, to appoint me as prince over Israel, the people of the Lord. I will make myself yet more contemptible than this, and I will be abased in your eyes; but by the maids of whom you have spoken, by them I shall be held in honour." And Michal, the daughter of Saul had no child to the day of her death."

How is it that King David - also an aspect of the original Abraham - was able to withstand the Hagar curse (I will ALWAYS be able to control you)? Good question! Fascinating reason! Throughout the desert experience Aaron was torn between Miriam and Moses. So the aspect which was influenced by Moses reincarnated as David and the aspect influenced by Miriam came back much later as both Pontius Pilate and as Peter, the disciple of Jesus who denied him thrice. Moses did manage to instil into the part of Aaron which reincarnated as David the ability to stand tall in the face of taunts and insults heaped on him by no less a person than Hagar herself who reincarnated as Queen Michal!

It would appear that once again 'Hagar' did not win. But, this is one tenacious entity. She stayed in the background, so the bible mentions only the machinations of Bathsheva to have her son, Solomon, succeed King David. When this was accomplished, Bathsheva was marginalized (she then committed suicide) and Michal/Hagar took over (in the background, of course). She could do so very easily; you guessed it! Solomon was an aspect of Abraham! Bathsheva had seduced King David because deep down she KNEW that God's Covenant with Abraham had to be fulfilled through the child of Abraham and Sara. She was just making sure of it (Bathsheva was a reincarnation of Sara).

But the end does not justify the means, so this entity came back as John the Baptist who had his head chopped off unjustly; Bathsheva needed to 'experience' what she had done by having her

husband killed so that she could marry King David. David as well as Solomon were aspects of the original Abraham. Complicated, huh! But no more so than Jacob and Rachel and their firstborn son, Joseph all being part of The Abraham entity. As John the Baptist, Sara made a huge effort to re-connect with God whom she had cut off after what Abraham had done to Isaac; he even spent time in the desert but, contrary to universal belief through Christianity, John the Baptist didn't fully arrive at the 'God Experience' that was given to me in this lifetime. Now I can never doubt not only the existence of God but that His Essence is PURE LOVE - that experience can never be taken from me.

Michal stayed in the background but it was her input that was responsible for the lavish design of Solomon's temple. It was her 'advice' that Solomon followed when he entered into all those political marriages to "..... women of the Moabites, Ammonites, Edomites, Zidonians, and Hittites; of the nations concerning which the Lord said to the children of Israel: You shall not go among them, neither shall they come among you; for surely they will turn away your heart after their gods....." "..... his wives turned away his heart after other gods; and his heart was not whole with the Lord his God, as was the heart of David his father. For Solomon went after Ashtoreth the goddess of the Zidonians, and after Milcom, the detestation of the Ammonites..... then did Solomon build a high place for Chemosh the detestation of Moab, in the mount that is before Jerusalem, and for Molech the detestation of the children of Ammon. And so he did for all his foreign wives."..... (1 Kings 11:1,2, 4, 5, 7, 8).

Solomon appears to have changed drastically! He was no longer an agent of the One God or of a kingdom set up according to His Law as had been the case under Saul and David. Instead, the children of Israel were put to forced labour and subjected to crushing taxes, not by a foreign conqueror but by their own king. It was their toil that built the palaces and public buildings, worked the mines, and constructed the proud ships that made Solomon famous. It appears that Hagar did win this time; the monarchy had betrayed the Covenant with the One God. Everything that David and Saul had worked for vanished; the kingdom split. From then until the present day everything has gone downhill. The 'Curse of Abraham' must be lifted. It is time! It is overdue! When Solomon wrote "Futility of Futilities, all is Futility" - which is the correct translation of "Vanity of Vanities, all is Vanity - he FELT every word

I was going to quote from an article in the Jewish Press (1st September 2006) by Stephen Gabriel Rosenberg who is a Fellow of the Albright Institute of Archaeological research in Jerusalem. This article confirms all my insights about the imposition of Egyptian practices - and then some! - except who was behind it all. If the 'Hagar Saga' is ever published then I will ask the publisher to print out a fresh copy as I have underlined and made notes all over my copy. You can imagine how excited I was to have my 'insights' corroborated!

If you have any doubt that the Hagar entity, as Michal, orchestrated Solomon's downfall, note the contrast from how Solomon started out - at first it had been said of him: "Solomon loved the Lord, walking in the statutes of David his father" (1 Kings:3:3). Even after the temple was built he was still true to his inner self for he said: (1 Kings 8:27-29) "But will God in very truth dwell on the earth? behold, heaven and the heaven of heavens cannot contain thee, how much less this house which I have built!" It is important to refute the assertion in Dan Brown's "Da Vinci Code" that sex was carried on in Solomon's temple. Furthermore, there were no priestesses, only priests in the Jewish Temple, unlike in all the pagan temples.

Did the true Solomon really change inside? I question this because I was shown that the only wife he truly loved was the Queen of Sheba who accepted the Mosaic way that David, Solomon's father, had taught him. I was shown that when Hagar (Queen Michal) realised this she was furious and slapped the lady across the face. That is why the Queen of Sheba left Solomon's palace even though she was carrying Solomon's child. But this was one amazing lady; she launched a whole people - the Ethiopians - who carried on the Mosaic traditions (not least circumcision!) for thousands of years and that without contact or instruction from the mainstream of 'Jews'. Now Israel accepts the Ethiopians as Jews. Solomon never forgot the Queen of Sheba; the Dark Lady of the Sonnets is about the Queen of Sheba. It gets more amazing because the 'Black Madonna' with the scar on her face that the last pope was so enamoured of represents the Queen of Sheba; The scar depicts the slap across the face administered by Hagar (Queen Michal)! So, although Solomon did most of what Michal demanded, he held on to his soul. Queen Michal did not win.

So we finally get to Mary Magdalene. For the first time I was shown two characters of the Hagar entity incarnate in the same lifetime; Mary, the mother of Jesus was also part of the Hagar entity. Remember the time - about 50 years ago - when I 'got' Jesus with Joseph; I had felt the strong love connection between Father and Son so I decided to 'tune in' to the mother just for fun. To my astonishment Mary came across as cold, emotionally. It was many, many years before I was 'told' that she had also been the Madonna in the Christian myth; and later still that she was part of the Hagar entity. Even when more than one aspect of a particular entity incarnates at the same time they seldom know each other in that lifetime. However their characteristics run, like a thread, through each, especially as, this being the first 'split', they had all experienced being Hagar, Leah, Miriam, and Queen Michal.

It is affirmed that Mary Magdalene was married to Jesus. I was not shown this specifically, but it would not have surprised me at that time because of the amazingly close relationship between the two Marys. The scene I was 'shown' was both Marys standing side by side looking into a very clean, empty coffin - that was it. I reasoned that only a wife would have been allowed such an intimate moment with the mother. I did not know it then but now I KNOW that an elaborate hoax was perpetrated; the man, Joshua (Jesus) was never even on the cross (someone else substituted for him). Even the substitute was taken down before he was dead with the connivance of Pontius Pilate and the help of Joseph of Aramathea. When I was shown that Pontius Pilate had been a reincarnation of Aaron who came from Abraham, I realised that even as a Roman, 'Abraham' would not have been able to withstand being controlled by Hagar's curse (I shall ALWAYS be able to control you). So there was collusion between the two women; it was therefore not necessary for Mary Magdalene to be married to Jesus in order to be intimate with his mother. Hagar sure is a complicated entity. Remember she also had psychic 'powers' in that lifetime so the two women would have connected.

There is more; the plot thickens! I was later 'TOLD' that turning Jesus into a 'god' was pay-back time for the Golden Calf fiasco. Remember that Jesus was an aspect of Moses. The last thing Moses would have wanted was to be turned into a 'god'; that went against everything he stood for and everything he tried to instil into the Children of Israel. Furthermore, Moses made sure that nobody would know where he was buried so that his grave would not become a pilgrimage site. Nobody knows even where Mount Sinai is! So, it seems that Hagar did win big time, sticking it to

Moses. This entity has a great deal to atone for! All the false accusations and persecutions over 2000 years culminating in the Holocaust.

Hagar is never satisfied: the more she takes or is given, the more she expects and demands; she had no right to expect to be treated kindly after having invaded the forbidden domain of the Egyptian priests, nor had she any right to expect to be treated with so much kindness and generosity by Sara, yet she has actively harmed Sara in every lifetime they shared. Being honoured and revered - even worshiped - as the Madonna, by millions would have satisfied most entities, but not Hagar. Hagar wants to be worshiped as the Sacred Feminine as well. Hence the Holy Grail aspect. Can't you guess by now? Blythe, the wife of Dan Brown is the reincarnation of Mary Magdalene. I quote Dan Brown's remarks from the Solomon Key and beyond (P.97) "...I'm not sure I had ever seen Blythe as passionate about anything as she became for the historical figure of Mary Magdalene (particularly the idea that the church had unfairly maligned her}.....". Now, that part I understand and even sympathize because the Roman Catholic Church called her a prostitute and also systematically subjugated the sacred feminine aspect, calling it witchcraft. But who does Blythe malign? not the Catholic Church, but the Mosaic Jewish Way. Hagar all over again! Hagar did not hit out at the Egyptian priests but at Sara and Abraham. Queen Michal had turned the teaching of Moses upside down by forcing Solomon to play host to all those foreign gods, but even she did not dare go to the extreme by introducing sexual practices into Solomon's temple itself. Now, Blythe does. She uses a reincarnation of Solomon - Dan Brown - to insert a malicious paragraph ever so gently, into "The Da Vinci Code"; from P.336 I quote: ".....Langdon's Jewish students always looked flabbergasted when he first told them that the early Jewish tradition involved ritualistic sex. In the Temple, no less....."

Blythe's envy and jealousy manifest when Dan Brown honours his parents by dedicating his first book to them - 1998 Digital Fortress: "For my parents ... my mentors and heros". Obviously Blythe was furious; she must have made him mad at her because his next book ("Angels and Demons (Robert Langdon) was dedicated simply "For Blythe" (not even "for my wife, Blythe). I could feel his anger. But then Blythe started making herself indispensable just as Miriam and then Michal had done. This time (2001) the book, "Deception Point" is dedicated to "Blythe Brown", but in the acknowledgments he comments on her 'tireless research and creative input", a slight improvement on the stark "For Blythe". But finally Blythe gets what she wants; the dedication in 2003 of The Da Vinci Code is unequivocal, "For Blythe...Again More than ever" so he felt he could bring his mother back into the picture. In the acknowledgments he wrote: "And finally, in a novel drawing so heavily on the Sacred Feminine, I would be remiss if I did not mention the two extraordinary women who have touched my life. First, my mother, Connie Brown - fellow scribe, nurturer, musician, and role model. And my wife, Blythe - art historian, painter, front line editor, and without a doubt the most astonishingly talented woman I have ever known."

This time Hagar appears to have won hands down. Not only does she get to 'stick it to Moses by inserting that malicious paragraph about ritual sex in Solomon's temple, but she is honoured in no uncertain terms - she is the Holy Grail, no less. Furthermore the book is a best seller. Then I, the re-incarnation of Sara, and of Yocheved bat Levy the mother of Miriam, and of BathSheva, the mother of Solomon, come along and challenge her. About time, too. because the Sara entity never managed to best the Hagar Entity in any of her lives, not least this one thus far. So we come full circle. I cannot rest until "The Curse of Abraham" is neutralized.

But now we need to go back to the very beginning. The WHY of it all. A fascinating tale. We need to go back to an ancient civilization - the Lumanians. The following tale was injected into my right brain forcefully - unbidden - over the course of a few months just before I had to leave my apartment in Israel in 2007. I found another very nice apartment in the same area but that fell through at the last minute. I now realize that I could not have continued living alone for much longer as my Left Brain was shutting down to allow my Right Brain free rein; I was not fully focused in the world of matter. I had started writing previously in order to refute the use of sex in Solomon's Temple, but everything was put on hold while the insights kept pouring in. I was 'told' that it was not important for me to publish but it was important for me to share ALL my insights with my sister in Seattle. There started a series of hours and hours of phone conversations during which I poured out my 'insights' to my sister, Dr. Donnée Casper. As the story about the Lumanians unfolds, it will become clear WHY I had to involve Donnée; I had never done so previously.

So let us begin at the beginning of this era in Human History. The Lumanians are the key. They are an ancient people who had decided that the earth had been destroyed again and again because of violence among people so they decided to inhibit strong emotions in themselves because they believed that it was strong emotions which caused all the trouble. To this end they blocked off feelings from the heart and from the solar plexus but they enhanced their psychic and other abilities. They could move matter using sound (an offshoot of this civilization built the pyramids in Egypt). But having cut off their 'fight or flight' survival instincts they became very fearful; they lived in underground caves and came out only at night. Although the caves were amazing - far from primitive - they felt that this had been a failed experiment and most of them went on to other realms as they had completed the 'earth experience'. But a few remained. This remnant decided they would get into the act of 'controlling' humans, who were primitive at that time, and force them to stop fighting.

But one of them was very special; I call her THE LUMANIAN LADY. She said "NO"! there is a better way. "Let us create a special people who will become a 'LIGHT UNTO THE NATIONS'. This people will then teach the rest of the earth people how to live without destroying the planet. This idea caught on and the lady had a small following. The first thing she did was to marry a human man - Abraham's father - and their offspring would be Lumorians. At first the child, Abraham, was taken to her underground home where she instilled into him her vision of what she expected him to accomplish. However, by the time she realised that she couldn't translate these instructions into human terms because, as a Lumanian, she did not have the capacity to LOVE which is what a human child needs in order to grow up strong and confident, it was already too late. So she left - died. In the meantime one of her disciples also married Abraham's father and the 'Lady' popped into her womb leaving behind the 'unfeeling' qualities that characterised her as a Lumanian. Thus Sara was born. Her mother left her with her human father when she was 6 years old, hence the child I saw originally, kicking and screaming. Now it becomes clear why only Abraham could reach her - he had gone through the same traumatic experience when he had been ten years old!

But it was not enough; the Super-Mum quality embedded in Sara produced an indulged 'spoilt brat' in Abraham, who used, and finally abused, her. In life after life the Abraham entity has tried to live up to the Lumanian Lady's expectations but always he has made matters worse for the Jewish people (After Korah who tried to take over from Moses in the desert, that aspect of

Abraham came back as Paul, and then again as Mohammed). But the Lumanian Lady - an extremely powerful entity - decided that she had to experience all human characteristics first hand in order to thoroughly understand what it meant to be entirely 'human'. To this end she started a whole series of incarnations emphasising different characteristics - Sara (supermum), Joab (warrior), Rebecca (the Rock), Dinah (enjoys sex), Pharaoh's daughter (graciousness), Esau (hunter); Moses (justice); Job (unfeeling, selfish) &c., &c. The Lumanian aspect which she submerged was finally claimed by Sara in this present life so that she is no longer stuck as 'supermum'. The same holds true of several of the other characteristics which have been experienced totally by entities currently living so they are able to shed them. For instance the entity currently living who has totally experienced being the 'Rock' no longer needs to 'be there' for everyone.

The Esau branch is tricky because although Esau was Jacob's brother, his descendants did not go through the 'slavery in Egypt' nor the 40 years in the desert with Moses, so the Edomites did not acquire a "Jewish soul". The Lumanian lady herself had incarnated as both Rebecca and as Esau as well as Herod the Great (who was an Edomite), so she did not acquire the 'Jewish Soul' which has a deep, deep love of the Land of Israel which God promised to Abraham and his descendants. But, like Herod, she wants what is best for the Jewish People. She has grandiose ideas for 'peace' in the Middle East BUT she is unable to understand the irrational side which makes the people of Israel cling to the Land of Israel against all odds. That tiny bit of unfinished business is blocking the Lumanian Lady from going back to square one where she belongs. It is time - it truly is time to claim COMPLETION.

But what does 'Completion' mean to the original Lady? What was the purpose of the original experiment? 'To create a people who would be a Light unto the Nations'. That has been achieved; there is not a single nation in the world which does not use the 'concept' of the ten commandments as the basis for human behaviour. Voila! It is done! Now all that remains is for the main characters in this drama to reach 'completion' - each in his own way. This is where the 'Lady' in her current incarnation as Donnée Casper can help the main character who continually tried to overturn her teachings as Moses. I am speaking of the 'Hagar' entity. Donnée Casper is a clinical psychologist; she uses personal, interpersonal, transpersonal, growth hypnotherapy combined with innate wisdom and generosity of spirit. Who better to help the 'Hagar' entity to reach 'completion' by helping to undo the 'Curse of Abraham', thereby releasing the Jewish people from continual harassment.

The Hagar entities who are incarnate in the 21st century came in without their psychic powers, but the 'controlling' of Abraham - "I shall ALWAYS be able to CONTROL you" - aspect is used and abused by the other Lumanians to reinforce their own determination to CONTROL humans, and the 'Abraham' entities who are incarnate in the 21st century are the most vulnerable because of the original conditioning and they are being continually 'controlled' to serve the purposes of The New World Order. So the Lumanian Lady, as Donnée Casper still has a job to do! So, how do we proceed? We need to change the past; to do this we have a few options:

1. We could go right back to the birth of Hagar and change everything by giving her a loving mother who nurtures her child and supervises her comings and goings. That will not be so simple because currently we have no knowledge of her babyhood but her behavior suggests delinquency. I quote from H.S. Sullivan: ".....The more seriously the delinquent individual has

suffered a ‘malevolent transformation’, the more he will have decided to exact from those around him, by force, deceit or manipulation, the needed emotional and material supplies denied to him in ordinary ways.” The fact that I was shown a 3-year-old baby without any parental supervision suggests that Hagar was an emotionally ‘deprived’ child.

“Bowlby (17), describing the stages passed through by a child in response to deprivation of maternal care in infancy, speaks of an initial phase of ‘protest’ characterized by anger followed by one of ‘despair’ where this gives way to depression and hopelessness, leading finally to one of ‘detachment’ where the suffering seems to have been relieved at a cost to the capacity for permanent relationships. In ‘detachment’, however, the pain and suffering appear to have been overcome but only at the cost of forfeiting the capacity to love. the individual ‘looks after number one’, seeks to gain without giving, to control without commitment, to exploit and manipulate others without regard to their needs and welfare. Once this critical step has been taken, straightforward attempts to remedy the deprivation usually prove ineffective. Generosity in others is perceived as weakness and those who manifest it are ‘suckers’ to be exploited. Kindness arouses contempt rather than gratitude and trust.”

That explains Hagar’s contempt for Sara who showed Hagar unwarranted kindness and respect when she gave her to Abraham as a wife. Sara could change the past by treating Hagar as a slave.

2. BUT when Sara claims the Lumanian aspect which was removed from her when she first incarnated as Sara, then she can shed ‘super-mum’ and can become a strong caring woman who encourages and supports Abraham so he becomes strong and able to cope with dangerous situations without expecting her to ‘mother’ him. A truly ‘entitled’ woman would never allow herself to be ‘used’ as happened originally. Besides, it would have been more natural for the 16-year old Abraham to look out for the little 6-year old Sara rather than the other way around.

So Sara and Abraham have the most work to do to change the past by changing the present. Sara needs to shed the ‘Super-mum’ aspect by claiming what would have been more natural - that the 6-year old Sara who was dumped among ‘humans’ by her Lumanian mother is protected by her 16-year old half brother who had gone through the same experience when he had been 10 years old. Abraham becomes strong and protective; Sara never becomes a ‘super-mum’ who spoils Abraham. Then there is no need for the Egyptians to compensate Abraham by giving Hagar to him as a slave. Voila! No Hagar in Abraham’s camp! So, no manipulation - no jealousy - no sacrifice of Isaac - no curses - no slavery, no wandering in the desert. History changes completely! I wish!!!

But we would still need a people who would become A LIGHT UNTO THE NATIONS, so we would still need the Teachings of Moses - The Ten Commandments. But Moses was an aspect of the Lumanian Lady, as is Sara, so the teachings would be part of the way they would live and the way they would bring up their children. Indeed, it is the way most Jews live today! So, all that remains is for the rest of the world to acknowledge the specialness of the Children of Israel without envy. Then the Lumanian Lady’s vision will have been accomplished.

It is only a matter of time before all the prophecies are actualised: I will quote one tiny titbit from Zechariah 8:23 “Thus says the Lord of Hosts: In those days ten men from the nations of every tongue shall take hold of the robe of a Jew, saying, ‘Let us go with you, for we have heard that God

is with you.”” Read all the other prophesies, especially Isaiah 54 through 66 (pages 649 -661 in my bible; much too much for me to quote here!)

It is done. I rest my case!

Postscripts

Since I wrote the above so much has happened to confirm and/or clarify and enlarge on my thesis.

1. I have been presented with a list of ‘ten men from the nations of every tongue.....’ who have high praise for Jews, so I can now present this list to my readers [see appendix 1]!
2. In the summer of 2009 my sister (Donnee Casper) phoned me from America and asked me to ‘tune in’ as she had a question which needed clarification; amazingly, I am still able to do this even over the telephone. The question was ‘Does Anasasia exist?’ The answer came immediately (sometimes it takes a little time before I speak) - “Undoubtedly” I said. I had never heard of Anastasia. Donnee then sent me the first book called ‘Anastasia’ by Vladmir Megre. But something very strange happened; I simply could not read this book - every time I started I got a strong urge to stop, and the few pages I managed to read irritated me. This is in sharp contrast to my normal behaviour; in the complex where I live we have a library and I have a reputation for devouring books - I was reading several every week. So I ‘tuned in’ about this strange pattern and was ‘told’ to surround myself with Light and persist; which I did. My sister wanted to send me the other books in the series but I said I could get them from the Library (a mobile library parks just outside our complex every Thursday afternoon).
3. I ordered the books from the Mobile Library, but, for some reason, books 2 and 3 were not available until 7th October 2009 and I didn’t want to read them out of sequence. After I had read all 9 books I decided to order my own set as I have a habit of writing comments in books and you can’t do that with library books. Mainly I felt I had to refute the lies about the Jews in the Megre books. Anti-Semitism has been foisted into every Country that was taken over by the Christians; this happened especially in Russia as the Christian power structure needed to focus hatred on Jews rather than on the Christians who had eradicated the Vedic belief system so viciously. Interestingly, the further Christians get from the centre of power the less anti-semitism is apparent. For instance, I spent 13 years in a Catholic convent in the Hymalayas in India during the 1930s and 1940s. The nuns were wonderful; I believe they trusted us even more than the Christian children, else why would they choose us to do errands outside the convent in preference to the Christian children? Mind you, I think ‘confession’ may have had something to do with it - we had no such ‘out’ so we had to be honest all the time! And they truly respected our parents. They allowed us to keep the sabbath which meant not attending some classes; We even kept the Passover; my father sent up huge quantities of matzos, so much so that at the end of the 8 days there was always lots left over and the nuns put it in our pinafores and let us share it with the other children in the playground.
4. It is necessary to challenge all the anti-semitic misinformation and dis-information planted in Vladimir Megre’s mind by the Lumanian ‘Priests’ with a view to discrediting the Jews. They appear to be succeeding; people here, in England, are again boycotting goods from Israel

I was 'told' by my inner 'voice' that thousands of years ago the Lumanians 'Priests' had joined forces with the Egyptian Priests and it was at their suggestion that Hagar was sent to Abraham's camp with instructions to corrupt Abraham. She did this so thoroughly that he even tried to sacrifice his infant son! So everything that did not make sense before is now crystal clear. In fact, the thought that she should have a 'following' had been planted in Hagar's mind and then brought to the attention of the Egyptian Priests by the Lumanian 'Priests' in order to create the situation they so ingeniously contrived. Then Hagar became their tool. Even the hatred of the Jews was injected into Paul's mind by the Lumanian 'Priests', hence his virulent anti-semitism which was not in evidence at the beginning - previously Paul had even claimed to be a Pharisee. Those Lumanian 'priests' certainly are clever bastards! BUT the Lumanian Lady has absolute integrity, which her opponents lack. The time has come for TRUTH to win. Anastasia's ideas will bring about a paradise on earth - back to our origins. What a beautiful thought!

The Lumanian 'priests' are getting desperate, not only because the Lumanian Lady's idea to create a people who would be a Light Unto the Nations appears to have indeed materialised, but also because Anastasia has awakened people so that more and more - in every country - people are getting in touch with the essence of the God that created the world. And for this to come about we need our Right and Left Brains to co-operate - The 'Union of Opposites', as Anastasia found out, is essential. But the Lumanian 'Priests' have inhibited their Right Brains. Originally this idea was seen as a good one because they perceived that strong 'feelings' caused all the problems which led to the destruction of the planet again and again. So they have a NEED to take CONTROL of everybody and every thing while they themselves remain in the background.

So the Lumanian 'Priests' sent their stooges to try to capture Anastasia. They failed. But they have perfected the art of planting ideas in people's minds to get them to do what they (the Lumanians) wish to achieve, without their being aware of it; hence all Megre's tirades against the Jews. Imagine calling Moses one of their 'priests'! Moses was so modest and self-effacing that it was Aaron who spoke for him. It was the Lumanian Lady's father (the god of Abraham, Isaac and Jacob) who actually did all the miracles. BUT at Mount Sinai Moses was in touch with the true God (Anastasia's God - the One I experienced); from then on HE was the God of the Jews. This was told to me by our Lumanian father himself because his daughter, the Lumanian Lady as Donnee Casper, criticised the Jewish 'god' for the ten plagues in Egypt. I pointed out to her that it was she who instructed him to do whatever was necessary to get the Israelites out of Egypt (she, herself - at that time - was unable to 'feel', just like the Lumanian 'Priests' today). Now the Lumanian Lady (as Donnee Casper) is thoroughly 'human', having experienced being 'human' in all its aspects. But this has been painstakingly accomplished over thousands of years. Quite a Lady!!

Moses (also an aspect of this 'Lady') recognised 'potential' but, unless he nurtured the wounded spirit of the children of Israel this 'potential' would not have been realised. After 40 years of shepherding the children of Israel through the wilderness - helping them to shed their slave mentality, teaching them to fight, and giving them the ten commandments as their standard to live by - he was more than ready to retire; I could feel his sense of relief that the job was done and he could go off by himself and be finally alone to commune with God without having to be responsible for the children of Israel.

So what can we do about the present day Lumanian 'Priests' who are still trying to control the

world - cornered animals are desperate and therefore very dangerous. I feel they are trying to create another 'holocaust' to try to eradicate the accomplishment of their rival. Lies are being spread to make Israel out to be a monster in her dealings with the Palestinians. The Palestinians are pawns in the evil games being played out. In fact, when that stupid separation fence was being erected - made necessary after Yasser Arrafat was foisted on Israel by the Lumanian, Yossie Beilin - all the Palestinians who were able to, rushed to be on the Israeli side. That should tell the world something! But the 'world' does not want to see Jews as we truly are.

I wish, with all my heart, all my mind, and all my soul, that the Lumanians will simply leave us alone. They have a lot of work to do on themselves to bring back their ability to FEEL. Perhaps they now appreciate the importance of The Union of Opposites. I think I will not bother to challenge Megre. He was just a pawn in the hands of the stupid Lumanian 'Priests'. Besides, as Nietzsche pointed out, whoever fights monsters must see to it that, in the process, he does not become a monster.

Appendix 1

WHAT SOME FAMOUS NON-JEWS HAVE WRITTEN ABOUT JEWS

"Some people like the Jews, and some do not. But no thoughtful man can deny the fact that they are, beyond any question, the most formidable and the most remarkable race which has appeared in the world." *Winston Churchill*²
**

"The Jew is that sacred being who has brought down from heaven the everlasting fire, and has illumined with it the entire world. He is the religious source, spring, and fountain out of which all the rest of the peoples have drawn their beliefs and their religions." *Leo Tolstoy*³
**

"It was in vain that we locked them up for several hundred years behind the walls of the Ghetto. No sooner were their prison gates unbarred than they easily caught up with us, even on those paths which we opened up without their aid." *A. A. Leroy Beaulieu*⁴
**

"The Jew gave us the Outside and the Inside - our outlook and our inner life. We can hardly get up in the morning or cross the street without being Jewish. We dream Jewish dreams and hope Jewish hopes. Most of our best words, in fact - new, adventure surprise, unique, individual, person, vocation, time, history, future, freedom, progress, spirit, faith hope, justice - are the gifts of the Jews." *Thomas Cahill*⁵
**

"One of the gifts of the Jewish culture to Christianity is that it has taught Christians to think like Jews, and any modern man who has not learned man to think as though he were a Jew can hardly be said to have learned to think at all." *William Rees-Mogg*⁶
**

"It is certain that in certain parts of the world we can see a peculiar people, separated from the other peoples of the world and this is called the Jewish people.... This people is not only of remarkable antiquity but has also lasted for a singular! long time... For whereas the people of Greece and Italy, of Sparta, Athens and Rome and others who came so much later have perished so long ago, these still exist, despite the efforts of so many powerful kings who have tried a hundred times to wipe them out, as their historians testify, and as can easily be judged by the natural order of things over such a long spell of years. They have always been preserved, however, and their preservation was foretold... My encounter with this people amazes me..." *Blaise Pascal*⁷
**

"The Jewish vision became the prototype for many similar grand designs for humanity, both divine and man-made. The Jews, therefore, stand at the centre of the perennial attempt to give human life the dignity of a purpose." *Paul Johnson*⁸
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"As long as the world lasts, all who want to make progress in righteousness will come to Israel for inspiration as to the people who had the sense for righteousness most glowing and strongest." *Matthew Arnold*⁹
**

"The study of history of Europe during the past centuries teaches us one uniform lesson: That the nations which received and in any way dealt fairly and mercifully with the Jew have prospered; and that the nations that have tortured and oppressed him have written out their own curse." *Olive Schreiner*¹⁰
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"If there is any honour in all the world that I should like, it would be to be an honorary Jewish citizen." *A.L. Rowse*¹¹

² Quoted by Geoffry Wheatcroft in "The Contrvrsy of Zion", Sinclair-Stevensohn, London, 1996, X1.

³ Leo Tolstoy, Quoted by Chief Rabbi J.H.Hertz in "A book of Jewish Thought" Oxford University Press, 1966, p.135

⁴ Anatole Leroy Beaulieu, french historian. "Israel among the nations", p.162. 1893, Ibid, p.174

⁵ Thomas Cahill, "The Gifts of the Jews", Doubleday, New York, 1998, p. 240-41

⁶ William Rees Mogg, "The Times", quoted by Chief Rabbi Jonathan Sacks, "Radical then, radical now", Harper Collins, London, 2000, p 4.

⁷ Pascal, "Pensées", translation by A.J . Krailsheimer, Penquin, Harmondsworth, 1968, p. 171, 176-77

⁸ Paul Johnson, "A history of the Jews", Weindenfeld & Nicolsohn, London, 1987, p 2

⁹ Matthew Arnold, "Literature and Dogma", Smith, Elder,PAN, London, 1876, p 58

¹⁰ Olive Schreiner, South African novelist, quoted by Chief Rabbi J.H. Hertz, p,177,180, Ibid, p. 180

¹¹ A.L. Rowse, "Historians I have known", Duckworth, London, 1995, p.

ABOUT JEWS

By Mark Twain

If the statistics are right, the Jews constitute but one quarter of one percent of the human race. It suggests a nebulous dim puff of stardust lost in the blaze of the Milky Way. Properly, the Jew ought hardly to be heard of; but he is heard of, has always been heard of. He is as prominent on the planet as any other people, and his importance is extravagantly out of proportion to the smallness of his bulk.

His contributions to the world's list of great names in literature, science, art, music, finance, medicine and abstruse learning are very out of proportion to the weakness of his numbers. He has made a marvellous fight in this world in all ages; and has done it with his hands tied behind him. He could be vain of himself and be excused for it. The Egyptians, the Babylonians and the Persians rose, filled the planet with sound and splendour; then faded to dream-stuff and passed away: the Greeks and the Romans followed and made a vast noise, and they are gone; other peoples have sprung up and held their torch high for a time but it burned out, and they sit in twilight now, or have vanished.

The Jew saw them all, survived them all, and is now what he always was, exhibiting no decadence, no infirmities of age, no weakening of his parts, no slowing of his energies, no dulling of his alert and aggressive mind. All things are mortal but the Jew; all other forces pass, but he remains. What is the secret of his immortality?¹²

Appendix 2

My son, David Mallory Barnett is in the process of writing a thesis on 'The Power of Jewish Philosophy'. I quote from his introduction:

"Everyone has a philosophy - the lens through which we understand our world. Some philosophies are more useful than others. You don't have to be Jewish, nor even believe in God, to benefit from Jewish philosophy. It is very practical and powerful, but surprisingly unrecognised. How can that be?

"We are told that our society is based on "Judeo-Christian" ethics - understandable given the importance of the Bible. However, some fundamental Jewish insights into man, life, and the workings of the world have been supplanted by less powerful (or even damaging) Christian interpretations. "The most insidious of these Christian interlopers is Original Sin".

"Judaism sees no dichotomy between the material and the Spiritual, between body and soul. Nor is self-denial a virtue, though self-discipline may be. the joys and pleasures of this world are to be embraced, not shunned for the sake of the next."

Appendix 3

The 'idea' of reincarnation is not new; many people have written on the subject. For instance Psychiatrist Dr. Brian Weiss who lives and practises in Miami, Florida. Dr. Weiss has written three books on the subject of Re-incarnation which have been published in New York by Warner Books. Inc., and in London by Judy Piatkins (Publishers) Ltd. The titles of the books are : "Many Lives, Many Masters", "Through time into healing", "Only Love is real"

As far back as 1972, in a journal published by the American Academy of Psychotherapists, Dr. Donnee Casper expounded theories on karma and reincarnation. In 2008, I believe most people are familiar with the subject.

The 'idea' of changing the past in order to alter the present and also of changing the present in order to alter the past is less well understood; it is expanded upon in "The Seth Material" written by Jane Roberts.

¹² Mark Twain, first published in HARPER'S magazine, September 1887.